



Vegetable and Fruit Quinoa Salad With Red Wine Vinaigrette

Camine Pappas / Serves 12 / January 2019

INGREDIENTS:

3 C cooked quinoa, cooled
½ large English cucumber diced
2 celery stalks, diced
2 large navel oranges peeled and cut into small sections
Juice of half an orange
2 large Fuji apples diced
¼ C red onion sliced thin
¾ pint of cherry tomatoes, halved
Handful chopped fresh cilantro
3-4 T or more of red wine vinegar and light oil to your desired consistency
1 t kosher salt and ½ t black pepper to taste



METHOD:

Toss and let sit for about an hour before serving.

Can add protein to this such as shrimp, chicken, or salami.

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