



## Sweet Potato and Apple Puree

Camine Pappas | August 2019

- 1 large sweet potato cut into cubes
- 2 small Fuji apples peeled and cut into cubes
- ½ t fresh grated nutmeg
- 1 ½ t kosher salt
- ½ t black pepper
- 3 T heavy cream
- 2 T salted butter

Cover sweet potato and apple with water in a saucepan and boil until soft. Drain water, add all other ingredients and mash with potato masher or use hand blender. Serve.

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