

Sweet Tomato and Basil Pasta with Lamb

By Camine Pappas, October 1997

½ lb ground lamb

1 can Trader Joes regular Marinara Sauce

Tomato Basil Penne Pasta from Trader Joes

½ diced red pepper

1 medium zucchini diced

2 cloves garlic

1/3 C brown sugar

Santa Maria Seasoning

Grated fresh Parmegiano Reggiano cheese for garmish

Soy sauce

Parsley

Salt and pepper

Cook pasta til al dente. Brown meat, seasoned with Santa Maria Seasoning then add diced pepper and garlic and saute for 2 minutes. Add soy sauce and 2 T water. Add brown sugar and combine. Then add zucchini and saute just until done, about 2 minutes. Drain pasta reserving some liquid. Add meat sauce to pasta and toss. Add a bit of water to moisten if needed. Plate the food, sprinkle with cheese and put under broiler until bubbly and brown.