



Red Pepper Meatloaf

With Saffron Cinnamon and Peppercorn Carrots
over Jalapeño Honey Yogurt Sauce and Warm Red Quinoa Salad

Camine Pappas | Serves 4 | January 2022

INGREDIENTS:

- 1 ¼ lb 90% lean ground beef
- ¼ C finely chopped shallot
- ¼ C finely chopped red pepper
- 1 large egg
- ¼ C Progresso Italian Bread Crumbs
- 1 heaping t Penzey's Roast Beef Seasoning
- 1 T cream
- ¼ C chopped Italian flat leaf parsley
- ½ t kosher salt + ¼ t black pepper

METHOD:

Preheat oven to 375-degree F. Mix all ingredients together in a bowl. Form into a log and place atop a foil lined baking sheet. Bake for 28 minutes.

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