

Fresh Plum Cucumber Salad

June 2015

INGREDIENTS:

6-8 firm, sweet red or black plums, cut into slices. No need to peel.

1 large or 2 medium small cucumbers, peeled, seeded and sliced

½ small sweet white onion, sliced thinly

1 C loosely packed chopped Italian parsley

DRESSING:

2 T mild oil, like canola or sunflower

3 T red wine vinegar

3 T honey*

Salt and pepper



DIRECTIONS:

Combine all salad ingredients in a bowl. Refrigerate until ready to serve. Whisk all ingredients for dressing and dress salad about 5 minutes before serving. To wilt the ingredients add dressing and chill for a couple of hours.

**I found I wanted to drizzle 2 Tablespoons more honey over the top before serving for a perfect sweet/savory note.*

©Photo and Recipes Copyright, Camine Pappas, 2015