

## Avocado Halves with a Red Curry and Mint Chicken Salad

July 2014 by Camine Pappas / Serves 2 / Increase as needed

### INGREDIENTS:

1 C shredded roasted chicken pieces (I bought rotisserie chicken and shredded the meat)  
¼ C Trader Joe's Thai Red Curry Sauce or to taste  
Juice of 1 lemon  
1/3 small zucchini diced into tiny pieces  
1/3 red pepper very small dice  
1 small stalk celery very small dice  
5 or 6 fresh mint leaves julienned  
5 or 6 fresh basil leaves julienned  
Salt and pepper to taste  
A few drops of sesame oil to taste  
1 ripe avocado cut in half, pit removed  
and each half scooped out of peeling

### DIRECTIONS:

Mix all ingredients except avocado. Fill each half with the chicken salad, garnish with more basil and sprig of mint, squeeze any extra lemon juice over all, and serve.



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