

Apple & Cucumber Basil Salad

July 2014 by Camine Pappas

INGREDIENTS:

2 Fuji apples sliced thick
4 stalk celery sliced thick
Juice from one lemon
Zest 1 lemon
Large handful of basil leaves cut
chiffonade style
Sprinkling fresh poppy seeds
2 t white sugar
Dash of rock salt

DIRECTIONS:

Peel cucumbers, slice lengthwise,
remove seeds, and slice. Wash apple
and slice into chunks leaving peel on
for color and texture. Assemble, stir,
enjoy!



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